

**DAILY ALTERNATE**

Bagel &amp; Cream Cheese

\*MUST choose one fruit or juice  
For a no cost meal\*

2023 — 2024 School Year  
Daily Breakfast Menu  
SLSD Elementary Schools & JPLIS  
“Most important meal of the day”

**Gluten Free Meal:**

1 Cereal Bowl or 1 String Cheese and 1 yogurt cup or  
2 yogurt cups or 2 String Cheese; plus, fruit or fruit  
juice, and choice of milk.  
Available each day.

MONDAY					TUESDAY					WEDNESDAY					THURSDAY					FRIDAY				
CHOICE OF DAILY ITEM OR ENTRÉE					CHOICE OF DAILY ITEM OR ENTRÉE					CHOICE OF DAILY ITEM OR ENTRÉE					CHOICE OF DAILY ITEM OR ENTRÉE					CHOICE OF DAILY ITEM OR ENTRÉE				
Cereal Bowl (Gluten Free) – WG Honey Cheerios or Lucky Charms or Blueberry Chex					Mini Cinnis (WG Cinnamon Buns)					WG Muffin & Yogurt					Mini Stuffed WG Bagels – Strawberry or Cinnamon					WG Mini Waffles				
CHOICE OF FRUIT/ JUICE Select (1 or 2) Assorted 4 oz. Juice Fresh or Canned Fruit					CHOICE OF FRUIT/JUICE Select (1 or 2) Assorted 4 oz. Juice Fresh or Canned Fruit					CHOICE OF FRUIT/JUICE Select (1 or 2) Assorted 4 oz. Juice Fresh or Canned Fruit					CHOICE OF FRUIT/JUICE Select (1 or 2) Assorted 4 oz. Juice Fresh or Canned Fruit					CHOICE OF FRUIT/ JUICE Select (1 or 2) Assorted 4 oz. Juice Fresh or Canned Fruit				
CHOICE OF MILK Select (1) 1% White or Fat Free Chocolate					CHOICE OF MILK Select (1) 1% White or Fat Free Chocolate					CHOICE OF MILK Select (1) 1% White or Fat Free Chocolate					CHOICE OF MILK Select (1) 1% White or Fat Free Chocolate					CHOICE OF MILK Select (1) 1% White or Fat Free Chocolate				
*WG= Whole Grain					*WG= Whole Grain					*WG= Whole Grain					*WG= Whole Grain					*WG= Whole Grain				
August/September 2023					October 2023					November 2023					December 2023					January 2024				
28	29	30	31	H	2	3	4	5	6			1	2	3				1		H	2	3	4	5
H	5	6	7	8	*	10	11	12	13	6	7	8	9	10	4	5	6	7	8	8	9	10	11	*
11	12	13	14	15	16	17	18	19	20	13	14	15	16	17	11	12	13	14	15	H	16	17	18	19
18	19	20	21	22	23	24	25	26	27	20	21	22	H	H	18	19	20	21	H	22	23	24	25	26
*	26	27	28	29	30	31				H	28	29	30		H	H	H	H	H	29	30	31		
February 2024					March 2024					April 2024					May 2024					June 2024				
			1	2					1	H	2	3	4	5			1	2	3					
5	6	7	8	9	4	5	6	7	*	8	9	10	11	12	6	7	8	9	10	3	4			
12	13	14	15	*	11	12	13	14	15	15	16	17	18	*	13	14	15	16	17					
H	20	21	22	23	18	19	20	21	22	22	23	24	25	26	20	21	22	23	24					
26	27	28	29		25	26	27	H	H	29	30				H	28	29	30	31					

H = Holiday (School Closed)    \* = Professional Development / In Service (School Closed)

**Menu Subject to Change** – More breakfast information at [www.slsd.org](http://www.slsd.org) under Food Services

**Non-Discrimination Statement:** This institution is an equal opportunity provider

**\*THERE IS NO COST FOR 1 BREAKFAST MEAL PER DAY FOR ALL STUDENTS IN THE 23-24 SCHOOL YEAR\***